

Dr. Stephen T. Brown

Presents

2010 Doc Brown East Coast Natural Bodybuilding, Figure, and Bikini Championships

WNBF ROOKIE PRO-QUALIFIER

Saturday, September 25, 2010

Tarrytown Music Hall, Tarrytown, NY

ELIGIBILITY: Open to all amateur athletes who possess a current INBF card \$40, (Foreign Non-U.S. \$50) or may obtain one the day of the show. Athletes must be drug free for 7 years from the date of show, and **must submit to both polygraph and urinalysis testing as required by INBF rules. A Rookie Pro Card will be awarded to the Overall Winner in the Open Men and Figure!**

- Date:** Saturday, September 25, 2010
Location: Tarrytown Music Hall, Tarrytown NY
Schedule: Check-in Noon – 11:00 pm (sharp). Prejudging 1:00 pm. Evening Show 6:00 pm
Entry Deadline: Entries must be postmarked by Saturday, September 11, 2010. **ABSOLUTELY NO LATE ENTRIES.**
Entry Fee: \$50.00 each division – not refundable. Crossover Fee \$30. Certified check or money order only. No personal checks. Mail entry fee to: Dr. Stephen T. Brown, PO Box 338 Pleasantville, NY 10570
Posing: Bodybuilding – symmetry and mandatory posing at pre-judging, 90-second maximum posing routine at evening show. Figure – standard quarter turn comparisons at prejudging, T-walk at evening show. Ms. Fit Body – standard quarter turn comparisons and Ms. Fit Body posing at prejudging, T-walk at evening show.
Awards: Men's Bodybuilding 1st – 5th place in each weight class, Overall Winner, and Best posing. Figure and Ms. Fit Body 1st – 5th place in each class, overall award in Figure and Ms. Fit Body. Bikini/Best Body 1st-5th each class and Overall Winner. Mr. Fit Body, One Class 1st-5th places
Ticket Sales: Tickets may be purchased in advance or day of show. Call Dr Stephen T. Brown at 914-879-2905, or E-mail Fitnessdoc4u@aol.com to purchase tickets in advance. Reserved seating is also available. All sales final.

ENTRY FORM

Name: _____ Age: _____

Street: _____

City: _____ State: _____ Zip: _____

Daytime Phone: (____) _____ Evening Phone: (____) _____

E-Mail: _____

So your gym can receive natural bodybuilding information, please provide the name and address of the gym you workout at:

Name: _____ Street: _____

City: _____ State: _____ Zip: _____

Divisions: Check one for each entry fee submitted.

Men's Open Bodybuilding:

() Bantamweight under 150 lbs () Lightweight 150 ¼ to 165 lbs () Middleweight 165 ¼ to 176 lbs () Light Heavyweight 176 ¼ to 190 lbs () Heavyweight 190 ¼ lbs and over

Women's Open Bodybuilding: () One Class

Master's Bodybuilding: () Men's Masters (over 40) () Men's Grandmasters (over 50)

Women's Masters (over 40) Women's Grandmasters (over 50)

Teen Bodybuilding: () Men's Teenage (One Class)

Novice Bodybuilding: () Men () Women (Classes to be determined on Day of Show depending on number of contestants)

NOVICE DEFINITION: 1.) Must not have placed in the top 3 in an open class in any organization 2.) Must not have placed 1st in any novice contest in any organization 3) Novice competitors cannot cross over to open divisions

Ms. Fit Body: Height _____ **Mr. Fit Body**

Women's Figure: Open Figure, Height _____ Master's Figure (over 35) Height _____

*** Classes may be adjusted at the discretion of the contest director based on entries ***

WAIVER: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and hereby waive and release any and all rights and claims for damages I may have against the International Natural Bodybuilding & Fitness Federation, Inc. (INBF), World Natural Bodybuilding Federation, Inc. (WNBF), Tarrytown Music Hall, Dr. Stephen T. Brown, and any sponsors, agents, representatives and assigns for any injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2010 INBF DOC BROWN EAST COAST NATURAL, BODYBUILDING FIGURE, AND BIKINI CHAMPIONSHIP, September 25, 2010, or for any media coverage thereof. I understand that, in order to compete in an INBF-sanctioned event, I will have to submit to up to two (2) drug tests to validate a seven-year abstinence from the use of any type steroids, hormones, prohormones, prescription diuretics and any compounds deemed illegal by the decision of the INBF concerning my participation in an INBF-sanctioned contest, pending the results of one or both tests, as well as my adherence to all other compounds deemed illegal by the decision of the INBF concerning my participation in an INBF-sanctioned contest, as well as my adherence to all INBF rules and regulations. Failure to pass an INBF drug test or failure to adhere to INBF rules and regulations will result in my expulsion from the competition in question, as well as loss of INBF eligibility for Seven years. I also agree to submit to any and all out-of season testing required by INBF and agree to stand by the results of said testing, whatever it may be.

AGREED:

Signature: _____ **Date:** _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18): _____